

## Sylvia Martinez

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**From:** Debbie Innes-Gomberg  
**Sent:** Thursday, July 21, 2005 2:48 PM  
**To:** Cathy Warner; Nancy Kless; Jim Allen; Kathleen Daly  
**Subject:** RE: current services/transformed services

It looks like the focus of the next 2 meetings will be CSS plan and the budget.

-----Original Message-----

**From:** Cathy Warner  
**Sent:** Thursday, July 21, 2005 2:31 PM  
**To:** Nancy Kless; Debbie Innes-Gomberg; Jim Allen; Kathleen Daly  
**Subject:** RE: current services/transformed services

Hi, Nancy - Deb - Kathy and Jim,

Will we present any details about clinic transformation at tomorrow's Stakeholders or has this been postponed pending other agenda items? Thanks, cw

-----Original Message-----

**From:** Nancy Kless  
**Sent:** Tuesday, July 19, 2005 9:53 AM  
**To:** Debbie Innes-Gomberg; Jim Allen; Cathy Warner; Kathleen Daly  
**Subject:** RE: current services/transformed services

I think that your table is a great start and will be a useful document. How about including (with better wording):  
traditional "medical model" vs. client as equal partner in treatment  
focus on professional services vs. referral and encouragement for clients to use self-help and consumer-run services

-----Original Message-----

**From:** Debbie Innes-Gomberg  
**Sent:** Monday, July 18, 2005 5:53 PM  
**To:** Jim Allen; Cathy Warner; Nancy Kless; Kathleen Daly  
**Subject:** current services/transformed services

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Here is my first attempt at this table. It feels like I'm not totally capturing the transformation though- anyone have ideas?

**COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH  
ADULT SYSTEMS OF CARE**

**Components of a Transformed Adult System of Care**

| <b>Current General Outpatient Services</b>  | <b>Transformed Services</b>   |
|---|---|
| Single Fixed Point of Responsibility – individual caseloads > 100<br><i>My caseload</i>   | Personal Services Coordinator- 1:15 caseload for FSP/ACT programs, reduced caseloads due to increased supportive service availability<br><i>Our caseload</i>  |
| Treatment teams that do not function as teams   | Treatment teams, multi-disciplinary in nature with peer advocates   |
| Focus on symptom reduction and maintenance  | Assessment and services based on level of recovery and stage of change<br>Services geared toward supporting clients in recovery from mental illness, including living in the most independent setting desired and becoming employed.  |
| Reliance on medication-only level of care   | Utilization of stage of change and level of recovery to guide interventions and services offered. Clients truly only needing medication presumably would have achieved independent living and employment.   |
| Poor access and high drop-out/no-show rates   | A welcoming, accessible environment coupled with engagement services designed to meet client's shorter and longer-term needs.   |
| Clients receive a fixed array of mental health services   | Clients involved in service delivery and service planning (through client councils).  |
| Getting better means seeing fewer mental health staff less often and living in an adult residential facility  | Getting better means clients are integrated into their community, living in an apartment or house with friends, family or by themselves, making meaningful use of their time. Clients may attend a Center-based Wellness Center to continue to receive medication and to attend groups that focus on maintaining wellness and health. |
| Services for clients with co-occurring disorders are most prevalent for those who have are engaged and already accepting some level of self-responsibility. | Availability of group and individual mental health services for clients with co-occurring disorders that are geared toward a client's stage of recovery. <i>One team, one plan for one person.</i>  |