A PUBLICATION OF THE MENTAL HEALTH ASSOCIATION IN LOS ANGELES COUNTY DEC. 1982/JAN. 1983

Citizen, professional input refines consolidation plan; Mental Health Department invites participation

TASK FORCE TO MONITOR COUNTY PILOT PROJECT

PSYCHIATRIC SOCIAL WORKER



Elizabeth Kautto, M.S.W., attends many meetings.

There is the Sundowners Club, a Project Return self-help club for recovering mentally disabled adults, that meets weekly, as well as the South Bay Board and Care Operators group, with monthly meetings,

"We believe that the distance between the hospital and community can be vast and frightening and that it's so important to help connect that."

and the South Bay Relatives and Friends support group, now meeting twice a month.

Kautto is facilitator to all three groups.

Kautto is Continuing Care Services psychiatric social worker at Los Angeles County Department of Mental Health-

The Los Angeles County Board of Supervisors on Nov. 30 passed the Medi-Cal/Short-Doyle Consolidation Pilot Project plan and approved a task force to review the project and report to the board quarterly.

The task force will determine whether the quality and quantity of mental health care provided is equal to, or better than, that provided under fee-forservice Medi-Cal system.

Other duties of the task force are to review resources to determine if they have been equitably distributed throughout the county and, upon completion of the pilot project, to recommend whether or not the consolidation should become permanent.

Dr. J. Richard Elpers, director of the Los Angeles County Department of Mental Health, said of the action, "I am pleased at the board of supervisors' expression of confidence with the Department of Mental Health and the mental health community by their (supervisors') unanimous support of the plan.

"I am also pleased with the fine work of the staff and vast array of community groups, as well as professional groups in Los Angeles County, that got together a plan that is not only feasible but will be an improvement in the mental health care system for the

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COURT TO HEAR

Does the state have a constitutional and statutory obligation to the mentally ill to provide persons confined under the Lanterman/Petris/Short Act (LPS) with treatment alternatives to state hospitalization?

MHA says yes.

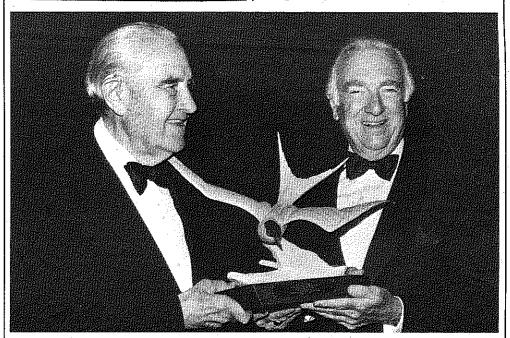
To back that view, the Mental Health Association in California (MHA) et al., is taking Gov. Jerry Brown et al., to court.

MHA is charging that patients' right to least restrictive care (LPS and

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SUICIDE MYTHS PG. 3

WAGSTAFF VISITS L.A. PG. 6



Walter Cronkite received the National Mental Health Association Award from former New York Gov. W. Averell Harriman at the Third Annual Tribute Dinner, honoring Cronkite. It was held Oct. 7 in Washington, D.C. Harriman and his wife were honorary chairpersons. Columnist Art Buchwald was master of ceremonies.





Mental Health Association in Los Angeles County 930 Georgia St., Los Angeles, CA 90015

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"GRAZY — AND MAKING IT" CONFERENCE **FEATURES SILENT VOICES**

Time magazine called her "the first live-in scientific observer" of community based treatment for

mental patients.

Dr. Sue Estroff, anthropologist, is the featured speaker for the Jan. 25 conference in Riverside titled, "Crazy — and Making It: Silent Voices Speak." She is from the University of North Carolina at Chapel Hill.

Estroff spent two years with the mentally ill in downtown Madi-

son, Wis.

"She lived in their world, sharing their good times and bad, joys and anxieties — even taking their medication (Prolixin) to experience the side effects," according to Dorothy Jefferson of the Riverside Mental Health Association (MHA).

"She learned what it meant to be labeled 'different' and stripped of her own identity."

"She learned what it meant to be labeled 'different' and stripped of her own identity," Jefferson said.

Estroff is the author of "Making It Crazy," an account of her expe-

The title of her address is "Coming Together: Can We and Will We?"

The focus of the conference is the needs and problems of the mentally ill. The California Department of Mental Health selected Riverside County to participate in a grant from the National Institute of Mental Health for the purpose of developing a community support system for the chronic mentally ill.

This "Consumer Speaks"

conference is a part of that effort and brings together many groups, including MHA; Friends and Families, Riverside and Hemet; Riverside Mental Health Advisory Board; Project Artichoke; and Riverside County Mental Health

Charles Roppel, chief of Mental Health Promotion for the State of California, will moderate a panel; the We CAN Players, along with Pat Torkelsen and Debi Davis, will dramatize living problems mentally ill persons experience in the community; and Helen Teisher, president of California Alliance for the Mentally Ill, will present a parent's perspective.

"The planning committee is interested in reaching mental health professionals and the community as a whole. The conference is unique in that it has been planned cooperatively by clients and family

members," said Jefferson.

The conference is open to the public without charge on Tuesday, Jan. 25, at Raincross Square Convention Center, 3443 Orange St. in Riverside. Registration is at 8:30 a.m., and reservations are not needed.

For more information about the conference, call Riverside MHA at

(714) 684-6051.



Los Angeles County Supervisor Kenneth Hahn, Compton Municipal Court Presiding Judge Hugo Hill and Southeast Regional Director Dr. Frank Hays with chairperson of Southeast Regional Community Liaison Committee James Walker, (I-r) who was sworn in as commissioner of Metropolitan State Hospital. Walker also serves on the State Legislative "Bates" Committee. As commissioner, he will act as advisor to the State Department of Mental Health.

PARENTS PASS RESOLUTIONS

At the fall conference of the California Alliance for the Mentally III (CAMI), held Oct. 22-23 in Sacramento, the following resolutions were passed. CAMI is a statewide association of relatives and friends of the mentally disabled affiliate groups. It is part of the National Alliance for the Mentally Ill.

WHEREAS the mental health system in California has deteriorated over the past several years from one of the finest in the nation to a position of mediocrity

WHEREAS the mental health system in California must be rebuilt to a level that serves the mentally ill and their families competently and humanely

THEREFORE, BE IT RESOLVED that implementing a model for California mental health programs be a primary concern of the new governor

BE IT RESOLVED that the new governor provide leadership in developing a strong management team in the Department of Mental Health

BE IT RESOLVED that the new governor reverse the trend of the state passing the responsibility for mental health to the counties of the same of the same of the contract of the same of the contract o

BE IT RESOLVED that the new governor whenever possible take action that will assist in removing stigma against the mentally ill.

WHEREAS the insanity defense was formulated because of society's abhorrence of treating mentally ill offenders as criminals

WHEREAS the insanity defense operates to ensure that the mentally ill offender receives appropriate psychiatric care and treatment in a non-punitive setting

WHEREAS society has recognized over the years that none of the three asserted purposes of criminal law - rehabilitation, deterrence and retribution - is satisfied when the mentally ill are placed in prison

WHEREAS the insanity defense protects public safety by providing those who are not morally responsible for their conduct with custodial care and treatment in a secure facility

THEREFORE, BE IT RESOLVED that the insanity defense be retained and vigilance be constant so no legislation is approved that is contrary to this resolution.

WHEREAS the priority for California Alliance for the Mentally Ill (CAMI) is advocacy for more residential care facilities for the mentally ill at all levels (Resolution, Ventura Conference, February 20, 1982)

WHEREAS the major advocacy target for CAMI legislative action is the funding and implementation of S.B. 951 which establishes an equitable system of payment for the special needs of the mentally ill (Resolution, Anaheim Conference, July 17, 1982)

WHEREAS the recently passed bill, A.B. 799, provides for the consolidation of Mental Health Fee-For-Service Medi-Cal funding with the Short-Doyle Mental Health System by July 1, 1983 (if approved in the 1983 State Budget Act) and shifts funds from the state to the county to help pay for services

WHEREAS consolidation provides an opportunity to reallocate dollars and add state funds to county mental health plans

THEREFORE, BE IT RESOLVED that a major area of county program development emphasis be in the board and care system and other community residential facilities and in developing socialization and rehabilitative services and other therapeutic services at the community level with the goal of avoiding hospitalization of the mentally ill and assisting clients to move toward greater independence.

HYPERACTIVE CHILD RESEARCH CONTINUES

A free screening aimed at early identification of hyperactive and learning disabled children will be held by the California Child Study Foundation (CCSF) on Tuesday, Dec. 7th, 7:30 p.m., at the office of Councilwoman Joy Picus, 19040 Vanowen Street, Keseda. Parents only, not children, will participate in this session. Parents must preregister by calling the foundation at 986-0514, as registration is limited.

This outreach service is offered by the foundation, a non-profit organization providing treatment and research for hyperactive and learning disabled children.

There are 35,000 hyperactive children in Los Angeles County, and 50 percent of untreated hyperactive children become seriously delinquent by teenage years, according to the foundation.

The foundation has been awarded a research grant by the National Institute of Mental Health to continue a 10-year follow-up study of antisocial and delinquent behavior in hyperactive children who are now young adults. The grant award in the amount of \$140,345 for the first year of a two-and-one-half-year study, was announced by principal investigator Dr. James H. Satterfield, CCSF executive director.

At a recent NATO conference in Greece on the Biological Aspects of Antisocial Behavior, Satterfield reported the findings of the first nine years of the study which had followed the hyperactive children and matched normal controls into their teens. These results included the fact that approximately onehalf of hyperkinetic children, by the average age of 17, had been arrested for one or more serious offenses. One-quarter of these had been institutionalized in jails or hospitals for their antisocial behavior. These rates were 10 to 20 times higher than the normal controls followed up.

From this data, Satterfield states his conclusion that hyperactive children comprise one of the largest subgroups contributing to the delinquent population.

"With a 50 percent chance of becoming seriously delinquent," Satterfield says, "the young hyperactive child should be our society's primary target for delinquency prevention efforts."

In order for prevention to be cost effective, Satterfield says, "We must be able to identify a group of children who are not yet delinquent but who are at high risk for becoming delinquent and for whom an effective treatment is available." These conditions fit the hyperactive child better than any other known population group, says Satterfield.

The research results and their implications have led the foundation to initiate meetings of an Early Screening/Delinquency Prevention Council, which has been attended by representatives of elected officials, schools and community agencies interested in preventing violence and delinquency in the juvenile population.

For more information contact the California Child Study Foun-

dation at 986-0514.



GRAND JURY **URGES COURT MOVE**

Changes are coming to Superior Court's Department 95 and relocation is being planned, according to a report presented at the Nov. 18 meeting of the Mental Health Advisory Board (MHAB).

Two Los Angeles County grand juries have made recommendations about conditions at Department 95 and 95A, but it has taken a third grand jury to begin to see the

needed changes made.

Department 95 is the largest and busiest court in California hearing mental health cases. The court is located in a converted pickle factory overlooking the railroad tracks at 1150 N. San Fernando

The report indicated "extensive safety and fire hazards" and other deficiencies, including deficiencies in acoustics, heating and air conditioning, rest rooms, patients' waiting rooms, public defenders' office space and jurors' assembly

The 1981-82 grand jury, in a letter to the Los Angeles County Board of Supervisors, made eight recommendations to improve the facility, stating that "very little has been done to improve conditions cited by the previous (1979-80) grand jury."

In visits to the court, the 1979-80 grand jury found poor lighting, a leaking roof, lack of public tele-phones, not enough benches for seating and acoustics so poor that the members of the grand jury could not hear the proceedings and the judge reported difficulty hearing witnesses.

Jurors who are summoned to hear cases in Department 95 court have complained about conditions there to the Board of Supervisors.

"Hearings are sometimes complicated and testimony is technical. On occasion noise from the

"We urge the Board of Supervisors to act on our recommendations to ensure that the Mental Health Court be given equal status with other courts in the county . . . "

lobby area interferes with the conduct of court proceedings," the report added.

After an analysis requested by the supervisors, including reports by the Sheriff's Department, Chief Administrative Office (CAO) and court personnel, the 1981-82 grand jury concluded it would be most cost effective to relocate the entire Mental Health Court.

In a letter to the supervisors, the grand jury stated, "We urge the Board of Supervisors to act on our recommendations to ensure that the Mental Health Court be given equal status with other courts in the county, and patients, jurors, court personnel and citizens be given a safe and humane setting in which to conduct the court's sensitive proceedings."

Department 95 hears cases involving conservatorships, certifications for involuntary hospitalization for those meeting the criteria under the Lanterman/Petris/

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Suicide Prevention Center Director of Crisis Services Beverly Kalasardo and Administrative Director of Clinical Services Karl Harris (l-r).

SUICIDE PREVENTION CENTER DISPELS MYTHS, DISPENSES HOPE

It is time to dispel some myths.

More suicides do not occur in December than in any other month, as is often believed. Nor do psychiatrists or dentists rank highest among those committing suicide, and people who talk about committing suicide do kill

In reality, according to Suicide Prevention Center administrators Beverly Kalasardo and Karl B. Harris, the center does receive more telephone calls in December, but more suicides

happen in spring.
"We get more calls in December. More people are depressed at this time, but that doesn't necessarily mean they kill themselves. They just need to talk," said Kalasardo, the center's director of crisis services.

As for the higher spring suicide rate, Harris, administrative director of clinical services, believes that it may be because, "it's OK to be depressed when everybody is depressed" in the dark winter months, but more suicides may occur in the spring if someone feels "the world is being renewed, but you're not."

Also, despite reports of what effect

'People kill themselves for people reasons."

the economy has on the suicide rate, suicides generally happen over a personal problem, they said.

"People kill themselves for people reasons," said Harris.

Kalasardo said the center uses the coroner's office as the source for its facts on suicide.

For example, there were 1,088 reported suicides in Los Angeles County in 1980, with housewives ranking highest, followed by students. The national total was 35,000. Suicide is the second leading cause of death in the nation, behind automobile accidents.

Kalasardo feels that suicide deaths may be higher than what is reported as such. She said that suicide "is still a closet issue" and there is a stigma for

Suicide Prevention Center has operated it 24-hour telephone service

line, called such because the center handles calls in areas other than suicide, since 1958. It is funded through a contract from the Los Angeles County Board of Supervisors general fund. The Department of Mental Health supervises the contract.

"We see ourselves not as a crisis line, suicide line or hot line. We're the telephone line of Suicide Prevention Center, because we're a triage unit," said Harris. "We're the entry point for a lot of people who are entering the mental health system, so we have an obligation and a duty to ensure these people are properly taken care of."

Six hours a week are spent "trying to keep referrals up to date," according to Harris, who said that "in the near future, we'll shrink the number of referrals to a key number so that we can have quality control."

Harris said there are plans to computerize Suicide Prevention Center which should be completed by January 1984.

The center receives an average of 1,500 calls a month, answered by trained volunteers whose job is to "diagnose, evaluate and refer," according to Harris. Phone calls average 15-20 minutes in length.

"We don't have any set time limit," Kalasardo said, "but we try to train people to listen well."

Harris said the training is tough, beginning with what Kalasardo called

"a probing interview." About half of those expressing an interest, beginning with the initial telephone inquiry, complete the training.
"I would estimate that 50 percent in the interview break up in tears. We

search," said Kalasardo. "One of the reasons why is we really need to get a good sense of who they are." She said the volunteers must be emotionally capable to handle the calls.

"We make them examine why they're here," added Harris.

"Care, concern and warmth" are three words used at the center, and in training the volunteers are taught to "try to reach through the phone and hold that person's hand," Kalasardo

"That's one of the things we try to teach them to do. That's one way we

can get them (callers) to trust us," she said. Trust, she added was necessary "before anything else; otherwise, you have nothing."

The training period is six weeks long, with sessions held for four hours a night, two times a week. Volunteers must make a six month commitment to working on the telephone service line.

Role playing, interviewing techniques, voice tones and responding in a non-judgmental way are part of the training sessions. Once volunteers complete training, they listen in on other calls for a month and then have their own calls monitored.

"We have an obligation and a duty to ensure these people are properly taken care of."

A shift is six hours long, a Nov. 1 change from five-and-one-half hours.

"We are the elite organization in this field, and they (volunteers) know it," said Harris. "One of the things you'll hear from volunteers is that it's a privilege to work here.

'A lot of people entering the work force and changing fields use us as a testing ground to see if they should enter the mental health field," he continued. "If they can get by us, they can handle it."

Both Harris and Kalasardo train volunteers and have completed the volunteer training themselves, Kalasardo in 1973 and Harris in 1977-78.

"The interesting thing is everyone who works here has taken our training, so if we're in a bind, anyone can take a call," Harris said.

If a caller does commit suicide, staff and volunteers have a meeting where they "take whatever time it takes to let the volunteers talk about their feelings," said Kalasardo. "The staff is helpful because they are able to put it

into a perspective."

Kalasardo said they try to teach volunteers "to know your limit.

'When you understand that, you really won't have any trouble at all, because you're not out there trying to do a lot of things you can't do," she

One of the hardest things to hear, she said, is "if a person is really going to kill him or herself, there's nothing they (volunteers) can do. All we can do is give them the options."

The Suicide Prevention Center teléphone service line number is 381-

MANAGING HOLIDAY STRESS

Stress runs highest during the holiday season.

People can learn some specific coping strategies for the stresses of the holidays in a workshop that is being offered in the San Gabriel Valley area.

To facilitate as many people as possible the stress management workshop will be offered

The first date is Wednesday, Dec. 8 from 10 a.m. to 4 p.m. and the second date is Saturday, Dec. 11 from 10 a.m. to 4 p.m.

A fee of \$15 and pre-registration by mail is required.

The workshop will be held at Pasadena Mental Health Center, 1495 N. Lake Ave., Pasadena.

For more information, call Peg Nugent, 798-0907.

continued from page 1 operated Coastal Community Mental Health Center in Carson, opened December 1981. She transferred there in January from the County-USC Medical

Center Psychiatric Hospital. She says she finds the diversity of

facilitating the three groups "a fabulous

"Each group has its own set of priorities, which may not coincide with the other groups," says Kautto. "The role of a facilitator is to provide an environment where each group can express its opinions

"I believe in labor. I believe it has been a cornerstone of our democratic process."

and to share with the administration what those issues are, which may or may not coincide with what the county sees as priorities."

Shared by all three groups is a thirst "for education and knowledge. Education is a big component of all our groups, although the focus of the education may be different for each group," Kautto says. In addition to sharing information, she

also is a trouble-shooter, resolving problems when she can.

"Some of the big issues I can't solve, but at least explaining why it can't be solved helps too," Kautto says.

All three groups were started earlier this year, the result of a survey made by Kautto and colleagues, which showed none of the groups existed in their part of the region.

"I think that's because the county was still in the evolutionary period in looking at continuing care and the development of community services," Kautto says.

This facilitating is but one facet of her work and is an example of her concern for continuing care and community.

"I was fortunate in my training. My mentor was Carolyn Peterson. She was coordinator of continuing care in the Central Region. I was a medical case worker at the psychiatric hospital. She really fostered a sense of community care among her staff," she says.

Kautto feels that staff at Coastal Community Mental Health Center has "a strong sense of community, from (director Dr. Joel) Foxman on down" and says it is 'pretty sophisticated in that we have four staff members who basically are continuing care people.

These are, in addition to Kautto, Judith Clark, supervising occupational therapist; Olga Perry, psychiatric technician; and

supervisor Fred Massey, M.S.W.
"All three of us (Kautto, Clark and Perry) were hired because we shared a strong sense of community and were eager to help develop adjunctive mental health services. Since we're interdisciplinary, that adds a nice flavor, I think," says Kaut-

"We believe that the distance between the hospital and community can be vast and frightening, and that it's so important to help connect that," she says.

Of importance to Kautto in her work is

discharge planning, which she believes "has to be a collaboration between inpatient (facility), community and patient, and it has to begin at inpatient.

"We're trying to do follow-up, outreach and reminder calls to facilitate linkage with the community agency to which they (clients) were referred," she says.

They provide liaison with Metropolitan State and Harbor General Hospitals and are available for consultation with contract private hospitals.

Kautto says a study at LAC-USC Hospital has shown that more patients receiving this linkage on the hospital ward kept their appointments at the community facility after their discharge.

'As far as state hospitals are concerned, I wish the Department of Mental Health would take a serious look at placing staff on the wards to do linkage and follow-up and are ward-based," she says.

PEP is another part of Kautto's work. That stands for Project Enrichment Program, and through it the continuing care staff has developed three socialization centers, two of which are located in local churches.

"We have discovered there are people out there in the community who do care,"

says Kautto.

As of Nov. 1, the center's administrative responsibility was enlarged from 200,000 to 800,000 persons, making it responsible "for an entire district with no increase in staff," according to Kautto. This places a

total of 60 board and care homes in their area, and "one of our immediate tasks is to work with the board and care homes in the expanded areas," she says.

Kautto's life away from the center has variety as well.

As president-elect of the American Federation of State, County and Municipal Employees, Local 272, she will be involved in contract negotiations upcoming in the

spring.
"I believe in labor. I believe it has been a cornerstone of our democratic process,' she says. "I have a high regard for management, and I would hope that we would be able to keep the lines of communication open."

Because of the negotiation process, Kautto says her role may be "antagonistic but hopefully not an adversary" and sees employee benefits and professional issues for patient care as the two primary focuses for the negotiation process.

"Curtailment of staffing is obviously going to mean curtailment of services, she says. "Management, I believe, has professional issues for patient care also, but we may approach them from different perspectivés.

Among other interests, she was a finalist with the Metropolitan Opera regional auditions and is involved in singing in her community. She was a member of the Young Americans singing group that represented American youth domestically and abroad, from which she says she was retired "at the ripe old age of 21."

POSNER ACCEPTS REHABILITATION APPOINTMENT

Mental Health Association in Los Angeles County Direct Service Coordinator Andrew Posner has been appointed to the California State Department of Rehabilitation Independent Living Advisory Committee.

The Independent Living Advisory Committee is a federally mandated, statewide committee advising the Department of Rehabilitation on "proposed policies or programs ... which affect independent living services for persons with disabilities. The purpose of this process is to insure that (independent living) services provided by these programs are responsive to the needs of persons with disabilities," according to the committee by-

The committee, comprised of persons from throughout the state, meets at least quarterly. Posner first attended the August meeting.

"I want to impact the system through helping decision makers realize that rehabilitative programs must take into consideration emotional and economic needs as well as worker output," said Posner. "Programs must treat people as able instead of ill.

'Rehabilitation isn't just dealing with specific kinds of disabilities, but with how the economics of the rehabilitative system affect people," he continued. "The specific disabilities are important, but what I want is to see that programs are developed that treat people with disabilities as equals with the larger part of society. I want to try to influence the attitudes of people who develop programs."

Posner also serves on the Rehabilitation Advisory Committee, a group designed to advise the Department of Rehabilitation on policy and program affecting the rehabilitation of persons with physical or mental disabilities.

It is comprised of representatives of designated statewide consumer, provider and professional organizations of and/or for persons with disabilities," as outlined in the Rehabilitation Advisory Committee bylaws. Additionally, up to six members atlarge may be appointed by the director of the state Department of Rehabilitation. Posner is one of the members at-large.

In December, the Independent Living Advisory Committee is being incorporated as a sub-committee of the Rehabilitation Advisory Committee, according to Posner. He will continue to serve on both committees.

JURY continued from page 3

Short Act (LPS), process of writs of habeas corpus and matters dealing with mentally retarded persons. The court also handles Penal Code cases referred from other

In a year, more than 8,000 LPS cases alone are heard about the individual's mental competency. The court must determine if the person is a danger to self or others or gravely disabled.

Members of the present (1982-83) grand jury were in attendance at the MHAB meeting when a progress report on the relocation of the court was given.

Bill Kreger, chief of the Capitol Project's Division, CAO, told the



Grand Juror Juanita C. Dudley

board, "The reason for the delay was money." He said that, through the efforts of Los Angeles County Supervisor Deane Dana, \$448,000 is in the current year's budget for the relocation. Dana is chairman of the Department of Mental Health.

Kreger said an earlier suggestion that the court be located at Metropolitan State Hospital in Norwalk in order to reduce travel had been criticized by the public defender's office. They would prefer a more neutral location for the court.

The county engineer, realtors and brokers are now in a search for a suitable facility, he said.

"I have asked the county engineer to give this project priority attention," said Kreger. "In the meantime we will get the fire hazards out as quickly as possible," he

After Kreger's report, Dr. Alex Aloia, MHAB chairperson, said that a progress report about the

"We are trying to act as the rod to push and see that something happens."

court would be an item on the MHAB agenda until the issue is resolved.

Board member Dr. Frances Meehan will work with the grand jury and report to the board each month.

Members of the Health Committee of the grand jury attending the meeting were the Chairperson Juanita C. Dudley, Helene P. Eller, Patricia L. Lofland, Jennie Kerr and Eduardo Valdiviez.

Dudley complimented the previous grand juries and Jennifer Clark, the 1981-82 committee chairperson.

"They did the reporting and asked us to follow up. The problem is who is going to be responsible? We are trying to act as the rod to push and see that something happens," she said.

PAPERS SOUGHT FOR CONFERENCE

Dec. 31 is the deadline for submitting presentations for consideration as programs of the International Association of Psyco-Social Rehabilitation Services (IAPSRS) eighth annual conference.

This conference, with the theme "Psycho-Social Rehabilitation: The State of the Art," is scheduled for May 19-21 at the Sheraton-Miramar Hotel in Santa

Conference chairperson Marvin Weinstein, L.C.S.W., Portals House executive director, said he expects "500-600 people from all over the world" to attend the conference. Weinstein is IAPSRS national vice-president and was conference chairperson once before.

"All the leaders and the innovators in psycho-social rehabilitation will be here." said Weinstein. "It's a marvelous opportunity for this community to get exposure to psycho-social rehabilitation."

George H. Wolken, Ph.D., Los Angeles County Department of Mental Health Quality Support director, is program chairperson. Local program committee members include Cecil Hoffman, Community Counseling Services executive director; Linda Connery, Central City Community Mental Health Center transitional house director; Clyde Reynolds, San Fernando Valley Community Mental Health Centers Inc. Community Support Services director; Tina Reynolds, Citizens Advisory Council-Mental Health Advisory Board Program assistant program administrator; Susan Reilly, Portals House clinical director; and Debra Pitts, Verdugo Mental Health Center Arden House director. Additionally, Carolyn Peterson, formerly with the county's Central Region and now in Virginia, is on the committee.

IAPSRS has identified five areas of priority interest: innovative programming, specific populations, integration into a comprehensive delivery system, funding and evaluation.

"State of the Art of Innovative Programming" consists of examples of residential, vocational and socialization programs utilizating innovations, for example, hiring of program graduates as staff, creation of new organizational structure and utilization of non-mental health re-

State of the Art with Specific Populations" contains examples of programs designed to meet the needs of specific populations, such as young, uninstitutionalized chronic adult patients; the older, deinstitutionalized population; and rural and minority patients.

"State of the Art of Integration into a Comprehensive Mental Health Delivery System" has examples of effective linkages with the total mental health system to provide an array of services and of the role of psycho-social rehabilitation as an integ-

ral part of the mental health system.

"State of the Art of Funding" consists of examples of creativity in funding programs, development of new funding sources and the development of a political base and/or citizen constituency.

Finally, examples of evaluation methodologies or results related to psycho-social rehabilitation are contained in 'State of the Art of Evaluation.''
As designed, three formats — work-

shop, round table discussion and poster - will be available for presentations. Each workshop session will be one hour and 45 minutes long, with a minumum of 30 minutes allocated for group discussion, and it may have up to three presenters.

Each 50-minute round table discussion will have a 15 to 20 minute presentation, followed by group discussion, with presenters facilitating and providing exper-

At the poster session, there will be no formal presentation, but the presenter will be available for 50 minutes for individual discussions with interested persons.

Those interested in submitting a presentation must submit four copies of two pages of information. The cover page must include presentation title; presenters and their affiliations; name, address and phone number of contact person; a 50 or fewer words abstract for publication in the program announcement, if accepted; rank of format preferences; and the need for visual aids. The second page should be a one-page summary or outline of the pre-

This information should be sent to the 1983 IAPSRS Conference Committee, George H. Wolken, Ph.D., Program Chair, c/o Portals House, P.O. Box 74395, Los Angeles, CA. 90004.

SOUTHEAST REGION HOSTS MENTAL HEALTH ADVISORY BOARD

The Southeast Regional Community Liaison Committee (RCLC) was host to the Los Angeles County Mental Health Advisory Board (MHAB) at a luncheon meeting held Nov. 18 in the Augustus Hawkins Mental Health Center.

The RCLC is one of five citizen advisory groups for the regions of the county Department of Mental Health.

The MHAB is the advisory group appointed by the board of supervisors and mandated by law to provide community involvement and to approve the county-wide plan for mental health services.

James Walker, chairperson, Southeast RCLC, presented awards to volunteers and legislators, to recognize their outstanding service.



RCLC Executive Secretary Mary Joyce, Parliamentarian Eddie Lamon and Gaynell Joyce, co-chairperson, Southeast RCLC Children and Youth Committee (l-r).



Dr. Jacqueline Bouhoutsos, Mental Health Advisory Board (MHAB) member, and Dr. Alex Aloia, MHAB chairperson, with Dr. Elsie Lu, state Department of Mental Health (I-r).



Host committee for the luncheon Cornilia Walker, Mable Cherry and Marilyn Lee, co-chairperson, Southeast RCLC Children and Youth Committee (1-r).



Lisa Baca, field deputy for Assemblyman Art Torres, accepts an award from the Southeast RCLC.



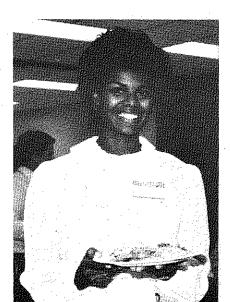
James Walker, chairperson, Southeast RCLC, presents an award to Lucille Konka, field deputy for Assemblyman Frank Vicencia (l.r).



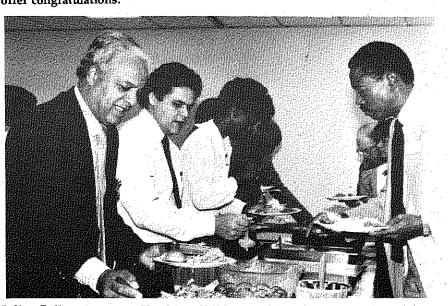
Anita Gallegos, MHAB Children and Youth Services Committee chairperson.



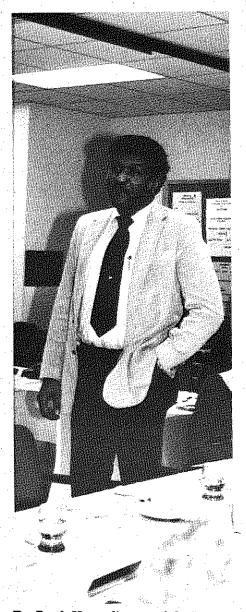
Mickie Villa Ruel, Southeast RCLC and Catholic Social Services, accepts an award as Royal Morales, MHAB, and Dr. Alex Aloia, MHAB chairperson (l-r), offer congratulations.



Yolanda Turner, staff, Augustus F. Hawkins Mental Health Center.



Julius Fuller, Augustus Hawkins Children and Youth Program (I), with Ed Thompson, Southeast RCLC (r).

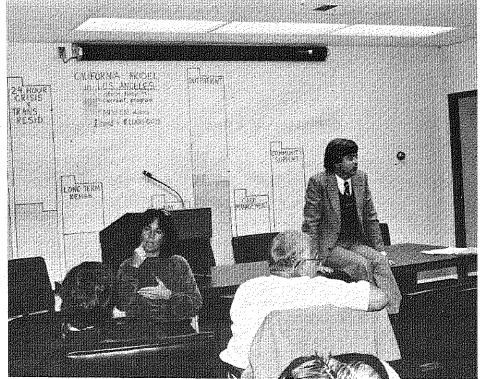


Dr. Frank Hays, director of the Los Angeles County Department of Mental Health Southeast Region.

WAGSTAFF VISITS LOS ANGELES, GATHERS INFORMATION FOR TRANSITION

"What we're trying to do is to make sure that the policy agenda in mental health, the things that need to be done, is clear to the (incoming) administration, and that we don't break stride . . . on the things we've been working on," said Ken Wagstaff, California State Department of Mental Health director.

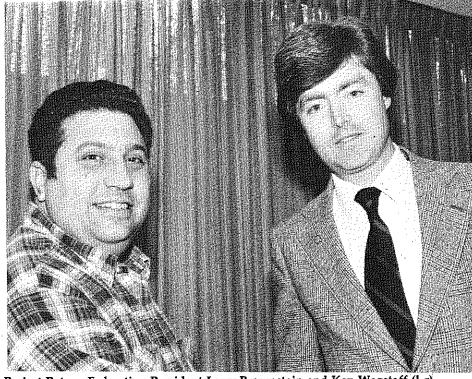
In preparation for the transition to the new department director yet to be appointed by Governor-elect George Deukmejian, Wagstaff was in Los Angeles County on Nov. 22-23 to talk with and hear from persons at state, county and private mental health agencies and groups on "the things that are uppermost in your mind in respect to mental health services in California, particularly in Los Angeles."



California State Department of Mental Health Director Ken Wagstaff, along with a sign language interpreter, visited the Los Angeles County Department of Mental Health.



Mental Health Association in Los Angeles County (MHA) Long Beach District Council Chairperson Tom Rossebo, MHA Coastal Regional Director Morgan Miller and Ken Wagstaff (l-r).



Project Return Federation President Larry Brownstein and Ken Wagstaff (1-r).

CONSOLIDATION

poor," he said.

The composition of the 19member task force is spread among the various mental health interest groups and will include a member appointed by each of the five supervisors, a member from each of the five Regional Community Liaison Committees and one member from each of the following groups, selected by the groups: Mental Health Association in Los Angeles County, Alliance for the Mentally Ill (parents groups), Mental Health Advisory Board (this person will be the convener of the task force), Los Angeles County Medical Association, Hospital Council of Southern California, Southern California Psychiatric Society, Los Angeles County Psychological Association, Countywide Interagency and Community Care Facilities.

The plan for the Pilot Project has come after many community meetings.

The Mental Health Advisory Board (MHAB) recommended the plan unanimously at their Nov. 18 meeting, after hearing from Dr. Norman Cottman, chairperson of Interagency Committee, and Dr. Susan Mandel, president of California State Council of Community Mental Health Centers.

Cottman praised the "monumental task (of the Department) to gather, collate and distribute information" and asked that the appeal process for private providers be given careful consideration.

He said the Interagency Committee was ready to be called on at any time to help.

Mandel said, "This has been an excellent attempt to communicate in a difficult situation.

"There are logistical issues that still concern us, and I urge all of us to get involved in planning at the district level," she said.

Dr. Helen Wolff, MHAB member, wanted it made clear that the plan merges two already under-funded entities.

It was her motion that sent the recommendation for the plan to the board of supervisors.

The purpose of the Pilot Project is to test whether consolidation of the two publicly supported systems (Medi-Cal and Short-Doyle) into a comprehensive single system will accomplish a more efficient and appropriate delivery of mental health services.

Medi-Cal is a tax supported, medical assistance program funded 50 percent by the state and 50 percent by the federal government. Only mental health related Medi-Cal services will be involved in consolidation.

Short-Doyle is the state law under which public mental health services are provided in California. The state pays 90 percent of the cost of Short-Doyle funded programs with the

Continued from page 1

county supplying the remaining 10 percent.

After consolidation, individuals will no longer go to individual fee-for-service Medi-Cal providers, but will go to the county Department of Mental Health or private providers contracting with the county.

Consolidation was mandated by the state Legislature to be effected statewide by July 1, 1983, if a approval is given in the Budget Act.

Los Angeles County is one of 16 counties to begin consolidation in advance of the statewide date. There is the possibility of financial advantage to the county in the earlier implementation of the plan.

Consolidation, expected by some to begin Feb. 1, 1983, will be delayed awaiting "freedom of choice" waivers from the federal government.

Elpers said it will take 60 days after waivers are obtained before the plan can begin.

He had no prediction of the implementation date, saying, "It is outside the control of the Los Angeles County Mental Health system."

Elpers said, "We in L.A. are ready to move forward. Unfortunately, the state Department of Mental Health has not been able to develop an adequate waiver request for the federal government. Although apparently the federal government is interested in granting a waiver, the current state of confusion in Sacramento will force an unfortunate delay in the process."

SSI/SSDI STRATEGY KIT AVAILABLE

A free strategy packet is available to help advocates, professionals and family members deal with the new reviews of disabled persons receiving Supplemental Security Income/Social Security Disability Insurance (SSI/SSDI).

The kit contains materials from several states describing advocacy measures, the review process, legislation and litigation. Included are sample forms, advocacy workshop materials and press releases.

Developed by the National Mental Health Association with the National Community Support Advocacy Network, the materials help advocacy groups and individuals by describing how disabled person or families can challenge and influence the decision concerning continued eligibility.

Persons ordering the kit have been granted permission to copy the materials for distribution.

For the free packet, write to National Mental Health Association, Susan Ridgely, Public Policy Department, 1800 N. Kent St., Arlington, Virginia 22209.



Elected as new officers for the Project Return Federation are (back row 1-r) Larry Brownstein, president; Shelly Chernock, vice-president; Mark Karmatz, activities director; (front row 1-r) Sandra Lee Craddic, secretary; and Eleanor Alpert, treasurer. Project Return is a Mental Health Association in Los Angeles County federation of 20 self-help clubs.

MHA/BROWN

continued from page 1

Short/Doyle Acts) is being violated because involuntary confinement to a state hospital is not the least restrictive alternative placement.

On Jan. 12, in the case of MHA vs. Brown, the Mental Health Association will ask Los Angeles Superior Court for partial summary judgment.

A partial summary judgment is basically a motion to get the judge to agree to a legal issue before the actual trial. In this instance, it is an attempt to clarify the duty of the defendants.

The partial summary judgment is not asking the court to order a particular remedy at this time. The brief states, "These matters can and should be addressed separately in the future, once the duties of the defendants (Brown and state and county agencies) are delineated upon resolution of this motion."

The two issues in the suit are whether mentally disordered persons confined in state hospitals have the right to receive care and treatment in community facilities that are least restrictive of their personal liberties; and whether the defendants (Brown, State of California Department of Mental-Health, Los Angeles County Department of Mental Health et al.,) have a statutory and constitutional duty to create and maintain programs that are less restrictive alternatives to hospitalization in order to satisfy the rights of mentally disordered persons under the law.

The arguments MHA will present to the court are that state hospitals are highly restrictive, debilitating institutions providing primarily custodial care; that state hospitals are not currently the least restrictive possible placement for all patients confined there; that community based services are less restrictive and less expensive than state hospitals; and that there currently do not exist sufficient community based services and programs to allow treatment in less restrictive setting, according to the brief.

In support of the motion MHA's counsel will present issues they contend are without substantial controversy.

In November 1980, the Los Angeles County Department of Mental Health conducted a case load survey of Los Angeles County residents confined at Camarillo and Metropolitan State Hospitals. The county found that over half of the patients in the state hospitals are there because more appropriate treatment alternatives in the community are not available or are not being appropriately utilized," according to a memo to the Board of Supervisors from Dr. J. Richard Elpers, director of Los Angeles County Department of Mental Health.

Dr. William Farabee, director of the California Department of Mental Health in 1980, reaffirmed Elpers in this estimate.

The lack of community services and program alternatives for mentally disabled state hospital patients is well documented, states the brief.

"As early as 1973, the Senate Select Committee on Proposed Phaseout of State Hospital Services determined that there were too few services available for rehabilitation care," it states.

An Assembly study in 1977 determined that "There are shortages of many types of facilities with the result that patients are either placed in more costly or less effective facilities than are appropriate or they can't be placed at all.

The Los Angeles County Short-Dovle Plan admits that the need for community residential care facilities and various categories of alternative care that remain unmet ranges from 79 percent to 100 percent.

The data does not mean that chronically ill persons have nowhere to sleep, "rather, there are not sufficient appropriate places with the required professional backup to maintain the persons in the community and abate the treadmill of recidivism," the plan

Legal counsel representing the Mental Health Association (plaintiffs) are Dan Stormer and Mary Burdick of Western Center on Law and Poverty and James Preis of the Mental Health Advocacy Services Inc.

Counsel for the defendants, Gov. Brown, state and county agencies, are John Sanders of the Attorney General's office and Philip Miller, county

Stormer said he will argue that failure to provide least restrictive setting for the mentally ill violates their rights. He will use the present laws, including Lanterman/Petris/Short Act, the Community Residential Treatment Act, the Short/Doyle Act, the Fourteenth Amendment and the California Constitution.

The brief maintains that the state, under legal precedent, cannot use cost and inconvenience as an excuse for not providing proper treatment and denying persons constitutional and statutorily guaranteed rights.

Miller, who along with Sanders is counsel for the defendants (Brown, county and state), said, "It is the position of the county and the state that there is no constitutional mandate that requires a particular level of funding for residential treatment centers. That is a matter of discretion with the legislature and the executive branches.

"Our argument is that although the case is mandated in the abstract, the legislature does not mandate the degree of funding," Miller said.

CENTRAL CITY COMMEMORATES KING, **CONVEYS PHILOSOPHY** IN RECOGNITION DAY

"We want to educate the present generation about the life and times of Dr. King and to keep his name alive," said Dereke Clements, public relations director at Central City Community Mental

Health Center.

Clements was explaining the purpose of the center's third annual Dr. Martin Luther King Jr. Recognition Day, to be held at noon on Jan. 15, 1983, the anniversary of the civil rights leaders's birthday. All are invited to attend. The day's activities will take place in the multi-purpose room of the center, located in South Central Los Angeles. Central City is the largest Black owned and operated private, non-profit mental health center in the nation.

"Since Central City is comprised of a multitude of ethnicity, we're carrying on the dream of Martin Luther King. His dream was all colors united. That's what we try to convey in our commemorative event for Dr. King. We try to live by his philosophy of all colors united,"Clements said.

This year's event will coincide with city plans rename Barbara Street, one of the main cross streets near the center, to Dr. Martin Luther

King Jr. Drive. Clements said this year's event will be "extra special" in that the center has invited various community service organizations to participate in the celebrations of King's life and the renaming of the street.

At the center, the day's program will feature the showing of films on King's life. Some of his famous

speeches will be broadcast throughout the entire center over the public address system. An art exhibit with pictures of King and the civil rights movement will be on display. Also on hand will be reading materials on King.

As was done at last year's recognition day, a petition to make King's birthday a national holiday will be circulated.

This event has been planned by a committee of representatives from various Central City departments, including the satellite programs.

"Of all the events put on by the center, Martin Luther King Day seems to bring the staff together. Because most of the staff is 23 and older, we're all aware of Martin Luther King and what he stood for," said Clements.

In addition to this event, the center provides various programs that are educational, cultural and health oriented, according to Clements. These have included health fairs, prevention seminars,



cultural celebrations, and recently, a voter education day. Community outreach, making the public aware of the center's ser-

vices, is part of these programs. With the recognition day event, the primary focus is "to commemorate the life and times of Dr. Martin Luther King, and we want to invite the community in to see that Central City does have a commitment to the community, Clements said. He added that, "We always conduct outreach to the community, educating them to the services Central City has to offer.''

Central City is located at 4211 S. Avalon, Los Angeles. For information about the Dr. Martin Luther King Jr. Recognition Day, call 232-4111.



The Regional Community Liaison Committees (RCLC), the citizens advisory groups providing input to the five Los Angeles County Department of Mental Health regions, will meet as follows:

Not meeting in December: Southeast Region RCLC

December 9

Coastal Region RCLC will meet at 6:45 p.m. in the Harbor-UCLA Medical Center eighth floor conference room, 1000 W. Carson, Torrance.

Call 533-3154 for more information and for January meeting information.

December 10 January 14

San Fernando/Antelope Valley Region RCLC will meet 10 a.m.-noon at regional headquarters, 5077 Lankershim, suite 400, North Hollywood.

Call 508-7800 for more information.

December 14

San Gabriel Valley Region RCLC will meet at 7 p.m. at La Puente Valley Community Mental Health Center, 160 S. Seventh St., La Puente.

Call 960-6411 for more information.

December 15 lanuary 19

Central Region RCLC will meet at 7 o.m. at LAC-USC Medical Center Psychiatric Hospital, 1934 Hospital Place, room 2C18, Los Angeles.

Call 226-6424 for more information.

January 11

San Gabriel Valley Region RCLC will meet at 7 p.m. at El Camino Mental Health Center, 11721 Telegraph Road, Santa Fe

Call 960-6411 for more information.

January 20

Southeast Region RCLC will meet at 1:30 p.m. at Augustus F. Hawkins Comprehensive Mental Health Center, <mark>1720 E.</mark> 120th St., Los Angeles.

Call 603-4874 for more information.

These meetings are open to the public.

December 4, 11, 18, 25 January 1

Teen Talk: Emmy Award-winning Teen Talk television program will air at 9 a.m. on KHJ-TV, channel nine. Hosted by educator-therapist Joe Feinstein, the talk show will feature seven teenagers discussing "Homosexuality" on Dec. 4, "Under-privileged Youth" on Dec. 11, "Race Relations" on Dec. 18, "Foreign Born Americans" on Dec. 25 and "Mothers and Daughters" on Jan. 1.

December 6, 20 January 3, 17

Help Anorexia: The West Los Angeles self-help group will meet at 7:30 p.m. at the Federal Building, room 10124, 11000 Wilshire Blvd., West Los Angeles.

Call 558-0444 for more information.

December 6-8

Grantsmanship Center: "Foundation and Corporate Grantsmanship," an intensive three-day workshop, is designed for organizations seeking private sector support and will cover different aspects of foundation and corporate funding and writing proposals. Tuition is \$275.

Call Rhonda Parry at 749-4721 to register or for more information.

December 6, 20, 27 January 3, 17, 24, 31

Help Anorexia: The South Bay self-help group will meet at 7 p.m. at St. Margaret Mary Church, 255th and Eshelman Streets, Lomita.

Call 326-3763, 6-8 p.m., for more infor-

mation.

December 7 Tanuary 4

Central Valley Mental Health Services and Advocates for the Mentally Ill: A parents support group will meet at 7:30 p.m. in the Central Valley Mental Health Services conference room, 8101 Sepulveda,

Call Vivian Isenberg at 901-0327 for

more information.

Divorce Mediators Inc.: A general meeting for professionals and public interested in divorce mediation will be held at 7 p.m. at the Pier Avenue Law Suite, 169 Pier, Santa Monica.

Call 477-9595 for more information. * December 8, 15, 22, 29

Forté Foundation: Batterer's Anonymous, a confidential self-help group for men who abuse women, will meet at 7:30 p.m. at 17277 Ventura Blvd., suite 201, Encino. There is no fee.

Call 788-6800 for more information. December 8, 15, 22, 29

American Red Cross Los Angeles Chapter Western District: An on-going Parents Support Group with instructor Ruth Sukloff, M.A., for parents of children one to six-years-old will meet every Wednesday at 9 a.m. at 1140 Veteran Ave., Los Angeles. There is no fee.

Call 478-0231 for more information.

December 9

January 13

Advocates for the Mentally Ill: Dr. Roger Schock and staff from the Los Angeles County Department of Mental Health Forensic Mental Health Unit will speak on "Jail and the Mentally Ill" on Dec. 9. On Jan. 13, the meeting topic will be "Street Person — Is This the Future for Our Family Member?" with Dr. Roger Farr, acting chief of the department's Community Services Development Division. They will be held at 7:30 p.m. at Thalians Community Mental Health Center, 8730 Alden Drive, Los Angeles. December 9

January 13

Mental Health Association in Los Angeles County: The Children and Youth Committee will met at noon at 930 Georgia St., Los Angeles. Topic of the Dec. 9 meeting will be "The Cult Phenomena - Need for the Mental Health Community to Respond" with speakers psychiatrist Dr. John Hochman; Jean Berlfein, whose daughter spent six years in a cult; and Maynard Bernstein, vice-chairperson of the Cults and Missionary Efforts Task Force of the Jewish Federation Council Community Relations Committee. On Jan. 13, Judith Schulman Miller, Jewish Family Service Cults Clinic coordinator, will speak on "The Cult Phenomena — How the Jewish Federation Council is Responding."
Call 629-1527 for more information.

December 10 January 14

Alliance for the Mentally III - San Gabriel Valley: The Project Return Players improvisational theater group will perform and Project Return Director John Siegel or representative will discuss Project Return on Dec. 10. Frank Rice will speak on the mentally ill and the Skid Row Project on Jan. 14. The group will meet at 7:30 p.m. at San Marino Community Church, 1750 Virginia Road, San Marino.

Call 449-4217 for more information.

December 13 January 10

South Bay Board and Care Operators Group: The group will meet at 7 p.m. at Torrance First Christian Church, 2930 El Dorado, Torrance.

Call 518-6873 for more information.

December 13, 15 January 19

El Centro Community Mental Health Center: "Avoiding Holiday Blues: How to Survive with a Smile" will be the Dec. 13 "Family Night" meeting topic and will be presented in Spanish on Dec. 15. "New Year's Resolutions and Setting Realistic Goals" will be discussed in English and Spanish at the Jan. 19 meeting. "Family Night" will meet 6:30-8 p.m. at 972 S. Goodrich Blvd., Los Angeles.

Call 725-1337 for more information.

December 13 January 10

Help Anorexia: R. Claire Friend, M.D., will speak on "Anorexia Nervosa and Bulimia: Some Food for Thought" to the family support group on Dec. 13, and recovering bulimic Melissa McDermott will speak on Jan. 10. The group will meet at 7:30 p.m. at the Glendale Federal Savings and Loan community room, 3812 Sepulveda Blvd., Torrance.

Call 326-3763, 6-8 p.m., for information.

December 14

MentalHealth Coalition in Los Angeles County: The coalition will meet 12:30-2:30 p.m. at the Mental Health Association in Los Angeles County office, 930 Georgia

St., Los Angeles.
Call 629-1527 for more information.

December 14 January 11

Kelatives and Friends of the Mentally Disabled, Norwalk: A panel of Rio Hondo Mental Health Center staff will discuss "Understanding and Coping with Chronic Mental Patients during the Holidays" on Dec. 14. Permanent housing for the mentally disabled will be the Jan. 11 meeting topic. The meetings will be held at 7 p.m. at the Norwalk-La Mirada Unified School District administration building, 12820 S. Pioneer Blvd., Norwalk.

Call 864-4412 for more information.

December 15 January 19

Family and Friends of Pomona/East San Gabriel Valley — Alliance for the Mentally III: The group will meet at 7:30 p.m. at Pomona First Federal Savings and Loan community room, 1933 Foothill Blvd., La Verne.

December 15 January 21

National Association of Social Workers: The California Chapter Mental Health Council will meet 6-8 p.m. at Hollywood Mental Health Services, 4759 Hollywood Blvd., Hollywood. Tina Revnolds will speak on the state budget process on Jan.

Call 620-2063 for more information.

December 15

Relatives and Friends of the Mentally Disabled, Redondo Beach: The group will meet 10 a.m.-noon at a private residence, 531 14th St., Manhatten Beach.

Call 772-2188 for more information.

December 15 January 19

San Fernando Valley Coalition of Community Care Providers: The group will meet at 10 a.m. at California Villa Retirement Hotel, 6728 Sepulveda Blvd., Van Nuys, on Dec. 15, and at 10 a.m. at the Sepulveda Veterans Administration Hospital, building 25, conference room 131, 16111 Plummer, Sepulveda, on Jan.

Call 508-7800 for more information.

December 15

Options House: A raffle to benefit Options House, a Hollywood Human Services shelter for runaway youth, will be held at the shelter. Tickets are \$1. First prize is a trip to Mexico City, second prize is a 50-inch television, and third prize is a

Call 467-3605 for more information.

December 16 Tanuary 27

Mental Health Advisory Board: The board will meet at noon at the Hall of Administration, room 739, 500 W. Temple St., Los Angeles.

Call 738-4772 for more information.

December 16 January 20

Westside and Coastal Friends: The group will meet 7-10 p.m. at the Brentwood Veterans Administration Medical Center theater, building 211, 16311 Wilshire Blvd., Los Angeles.

December 16

Hollywood Human Services Project Mental Health Task Force: Karl Harris, Suicide Prevention Center administrative director of clinical services, will speak on suicide at noon at Handcraft, 7351 Santa Monica Blvd., Los Angeles.

Call 467-3605 for more information.

December 19 January 16

Southeast Mental Health Region: "A Healthy Mind: For You and Your Family' radio talk show hosted by Julius I. Fuller, M.S.W., children services/child abuse services coordinator for the region, will air at 8 p.m. on KACE, 103.9 FM. Topics will be "Suicide among Adolescents and Young Adults" with guest Dr. James A. Bush on Dec. 19, and "School Drop-Outs" on Jan. 16.

December 20

January 17

South Bay Relatives and Friends: The group will meet at 7 p.m. at Torrance First Christian Church, 2930 El Dorado, Tor-

Call 518-6873 for more information.

December 29 January 26

Anorexia Nervosa and Associated Disorders: ANAD will meet at 8 p.m. at 18345 Ventura Blvd., suite 414, Tarzana.

Call 343-9105 for more information.

January 5

Interagency Committee on Mental Health: The committee will meet at 9:30 a.m. in the Los Angeles County Department of Mental Health first floor conference rooms, 2415 W. Sixth St., Los Angeles.

January 8, 12, 15, 22, 29

UCLA Extension: "Professional Development for the Mental Health Practitioner' series will include "Review of Current Literature on Narcissim" on Jan. 8, "Clinical Applications of Self Psychology" on Jan. 12, "Current Psychoanalytic Theory for Mental Health Professionals" on Jan. 15, "Hypnosis Practicum for Professionals" on Jan. 22 and "The Therapeutic Process: A Seminar with Robert Lange" on Jan. 29. They will be held on the UCLA

Call 825-6701 for more information.

January 12

Huntington Memorial Hospital: 'Depression: Don't Let It Get You Down," a Community Health Forum with Dr. Daniel M. Asimus and Dr. John F. Balog, will be held at 7:30 p.m. in the hospital's East Room, 100 Congress St., Pasadena. It is free and open to the public. Call 440-5464 for more information.

January 17

Southern California Psychoanalytic Society: "A Psychoanalytic Case Presentation: Current Views of Transference Interpretation" will be the topic of the scientific meeting, held 8 p.m. at the UCLA Neuropsychiatric Institute auditorium, 760 Westwood Plaza, Los Angeles. Dr. Eugene J. Koprowicz will be presenter, with Dr. Norman A. Levy, Dr. John A. Lindon and Dr. Donald Marcus as discus-

Call 655-1634 for more information.

January 20

San Gabriel Valley Recreation Coalition: A carnival for clients will be held 6-9 p.m. at the San Marino Community Church, 1750 Virginia Road, San Marino. Call 576-0784 for more information.

January 22

Mental Health Association in Los Angeles County: Volunteer orientation for new volunteers to be working in the Central and Southeast Regions will be held at 9 a.m. at 930 Georgia St., Los Angeles.

Call 629-1527 for more information.

January 28-29

Fuller Theological Seminary Graduate School of Psychology: "Ethnic Mental Health in the '80's: Its Psychological and Theological Perspectives," a conference focusing on the mental health and issues on the religious interface with mental health, will be held on the Fuller campus, 177 N. Madison Ave., Pasadena.

Call 449-1745 for more information.

CCNNECTIONS

EditorLorraine Wilson Editorial Assistant . . Julia Scalise

Editorial Board: Dr. Charles Ansell, George Hamilton, Al Greenstein, Greg Lecklitner, Roberto Quiroz, Fredericka Williams.

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The Mental Health Association in Los Angeles County is a non-profit, voluntary organization dedicated to the promotion of mental health, prevention of mental illness and the improved care and treatment of the mentally ill. (213) 629-1527.

Executive Director: Richard Van Horn