

# CONNECTIONS

THE NEWSLETTER OF THE MENTAL HEALTH ASSOCIATION IN LOS ANGELES COUNTY OCTOBER 1985

## Project Return Members, City of Santa Monica File Discrimination Lawsuits

"The issue here is stigma," Ron Bara, Project Return Outreach Coordinator, says when asked about the \$6 million lawsuit he and 11 residents of the Manor have filed against the College Cafe in Santa Monica. "The attitude is that mentally ill persons are different and should be treated differently."

Bara and members of the Manorities, a Project Return club, were allegedly refused service at the College Cafe when they attempted to order pizzas at the restaurant on July 25. The outing to the College Cafe was a special dinner planned by the club members. "They had earned the money for dinner by selling popcorn to other residents at the Manor (a nearby community care facility where all the club members live.) It was supposed to be a fun night out, a reward for all of their hard work," said Bara.

The City of Santa Monica has also filed suit charging the restaurant with violations of the Business and Professional Code and the Unruh Civil Rights Acts. The City's \$37,500 suit accuses the co-owners of the College Cafe of singling out "a class of in-

dividuals for disparate treatment without any legal or factual basis." The suit also seeks an injunction against the cafe to prohibit it from discriminating against residents of the Manor.

In response to the lawsuits, Nader Ghiam, a co-owner of the College Cafe, was quoted in the Santa Monica *Evening Outlook* as saying, "I don't think there should be any suit because we didn't...discriminate. We only refused to serve people who looked dirty and smelled. We didn't refuse them because they come from a certain house or a certain community."

In response to Ghiam's statement, Bara shook his head in disbelief. "Everyone was dressed up in their best slacks and dresses. I ordered pizzas and was about to pay when Mr. Ghiam said he wouldn't serve the group. Finally, he agreed to take our order on a take-out basis."

"You try so hard to make something of yourself, to show people things are better," says Pat Proctor, one of the Manorite club members who was allegedly refused service, "and then something like this happens."

The members were very hurt by the

incident," Bara says, "but others in the community have responded to reports of the incident in the *Evening Outlook* with support and concern."

Fred Deni, owner of the Back on Broadway Restaurant in Santa Monica, was outraged when he read about the alleged incident. As a result, Deni invited the group to be his luncheon guests. "It was quite lovely," Bara says of the luncheon at Back on Broadway. "Mr. Deni made us feel welcome and accepted."

At this time, no court dates for the impending lawsuits have been set.

## AB2541 is on Governor's Desk

Landmark legislation to reform care for the mentally ill in California has gained final approval in the Legislature and has gone to the Governor who is expected to sign the measure.

The bill, AB2541 by Assemblyman Bruce Bronzan (D-Fresno) focuses on Community Support Programs for the homeless mentally ill. \$20 million will be available to counties to structure basic services such as food, shelter, and income for the homeless mentally ill.

In addition, the bill creates a subsidy for the rate paid to the board and care facilities which house the mentally ill. Other provisions include increased involvement of mental health officials in placement of disturbed children, delinquent of law enforcement duties in psychiatric emergencies, state-funded research, and a "targeted supplement fund" to help counties address their most pressing needs.

The Governor has until October 2 to act on AB2541.

## Project Return: A Network of Friends

"I used to feel so alone and sort of useless," Janice explains. "I was afraid to go out and do things. I didn't have any friends."

Two years ago, Janice joined a Project Return club and, as she will quickly tell you, last year she was elected as an officer of her club. "I never thought I'd be able to plan or lead an activity," Janice says, "but I can. I have friends now. I can share my ideas with others. People listen to me."

Project Return gave Janice a starting

point from which to rebuild her self-confidence and work toward a more independent lifestyle. "Project Return is the first organization I ever belonged to," Janice says. "It helped me to realize I can do more with the support of others than I could ever do all by myself."

For people like Janice, joining a Project Return club can be a first step away from the isolated, inactive lives they have lead as a result of their

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## The ARCO Challenge Project Return Center is a Good Neighbor

The Atlantic Richfield Foundation has challenged the Mental Health Association in Los Angeles County (MHA) to raise \$40,000 in new or increased private support for Project Return Center by November 30, 1985. The ARCO Foundation has pledged a \$20,000 grant to the Center as soon as the \$40,000 challenge has been met.

"The value of ARCO's support to Project Return Center has been immeasurable," says Richard S. Van Horn, MHA's Executive Director. Van Horn is referring not only to the challenge grant but also to the \$50,000 grant ARCO awarded the Center in 1984, the \$15,000 awarded in 1985.

"Arco has been a good friend to all mental health causes in this community," Van Horn continues, "in terms of both its financial support and the dedication of its corporate staff."

"The response to the ARCO challenge has been encouraging," says Susan Dempsay, Project Return Center Director. Permanent Charities has contributed \$15,000 and community friends of Project Return Center and Alliance for the Mentally ill members have already raised an additional \$12,000. "We are past the halfway point in meeting the challenge," Dempsay says. "So many people have shown that they believe in the Center and its members by making a contribution. The grassroots effort that raised the initial funds for the Center is still going strong."

Contributions to help MHA meet the ARCO challenge can be made to MHA/Project Return Center and mailed to MHA, 930 Georgia Street, Los Angeles, CA 90015.

The Mental Health Association in Los Angeles County and the members and staff of Project Return Center would like to thank the following people for their contributions toward meeting the ARCO challenge:

James and Pat Allen  
A.M.I. of Van Nuys  
Judith A. Anderson  
James and Lois Andrew  
The Annenberg Fund Inc.  
Russell D. Archibald  
Thomas E. Backer, Ph.D.  
Jimmie H. Baker  
Frank and Barbara Banner  
Sylvia Barlin

The members of Project Return Center want to show the City of Santa Monica that individuals disabled by persistent mental illness can be good neighbors. "We want everyone to be pleased we are here," says Susan Dempsay, the Center's Director. "We want to help make Santa Monica a better place for everyone who works or lives here."

Among the civic projects currently being undertaken by the Center's members and staff includes "Graffiti Exterminators" which is a service offered to local businesses and individuals.

Project Return Center members will paint over any graffiti on Santa Monica buildings if the buildings' owner will supply the paint. "Donations to the Center in thanks for our services won't be turned down," Dempsay says, "but we don't view

Mrs. Robert O. Bauer  
George Bellinger  
Joanna Bull  
Stanley and Frances Bunyan  
William Camil  
Mary M. Cole  
William Coney  
M. Maxine Cummings  
Bill and D.J. Dashiell  
Raynelle Bell Day  
Gilbert and Felisa Du Milieu  
Sylvia Dunn  
Dorothy Edilson  
Harry and Ruth Epstein  
E. Greene Esty  
Ann P. Fielding  
Max and Adela Fish  
John and Julie Forsythe  
Rick and Sondra Fox  
Sandra Francis  
Dorothy Frauman  
Marian L. Garber  
Elinor K. Gershoy  
Kay Gintel  
Florence Greene  
Col. Robert J. Greenwald  
Mollie Ada Haberman  
W.R. and Rosalie Hays  
Marlys K. Johnson  
Allen Joseph  
David and Lillian Karp  
Gordon and Ione Kennedy  
Werner Klemperer  
Bernard and Margaret Kuby  
Robert Lamorte  
Norma M. Lancaster  
Milton and Evelyn Langsner  
Jenny Lederer  
Richard H. Lindsay  
Mark and Melinda Maxwell-Smith  
Lillian L. Meyers, M.D.

this as a money making project."

In general, Project Return Center and the City of Santa Monica have developed a harmonious relationship. During a recent City Council meeting, three council members publically congratulated the Center and its members for doing such a good job of "fitting into the city."

Recently, the Third Street Mall Development Committee hired four Center members to set up chairs and build the stage for four concerts the Committee is sponsoring for Santa Monica residents and visitors that are being underwritten by GTE.

"Our goal is to show the community that we are not only good neighbors," Dempsay says, "but productive, contributing members of the community. We can pull our own weight. We plan to give back two-fold everything the community gives to us."

Carol Monka  
Oliver and Sharryn Moret  
Hugh and Genevieve Muller  
Murray H. Neidorf  
Olga Sibbel Orellana  
Allen T. Pack, M.D.  
Sheldon and Muriel Paris  
Eddie and Julia Parris  
Luba Perlin  
Permanent Charities Committee of  
The Entertainment Industries  
Petit Point Junction  
Ellen Lewis Pierce  
Frances H. Reed  
Shirley Rouda  
Dawn M. Rowland  
Mildred Schiff  
Albert and Beulah Schmid  
Patricia Scott  
Milton and Shirley Shatsky  
Francis M. Shaw  
Arthur H. Silvers  
Gertrude Silvers  
Marlene Sklar  
Charles N. and Muriel J. Skoff  
Shirley B. Smith  
Esther Sokolow  
Ruth Steele  
Frances L. Steinberg  
Faina P. Tackaberry  
Annette Tarsky  
Alfred and Rebecca Taska  
Louis Vaczek  
Alfred and Rochelle S. Vener  
Ruth J. And Max R. Wainwright  
Ralph and Shirley Weidman  
Phyllis M. Werkow  
Westside and Coastal Friends  
Norman Wexler  
Gertrude Williams  
David Wilstein

(Continued from page 1)

severe and persistent mental illness. Since Project Return began five years ago, more than 500 long-term mentally ill adults have formed a partnership with mental health professionals and community volunteers that has resulted in a growing, learning experience for everyone involved.

"It's a two way street," Joannie Baracz, Coastal Regional Coordinator for Project Return says. "Everyone is benefiting from Project Return. Community volunteers who work with club members in my region can't get over how terrific and caring all the members are."

Recently, Baracz suffered from a severe back injury that required hospitalization. "I was the most visited patient at Long Beach Memorial," Baracz says. "Members filled the waiting room and took turns coming in to cheer me up. I don't know how I would have gotten through this experience without their support."

"Project Return is the framework that allows people to help each other," John Siegel, the program's director, says. "It brings people together who otherwise wouldn't be interacting."

"People are helping each other to help themselves," says Debra Hamilton, Regional Coordinator for San Gabriel Valley. "Project Return is really working."

In the San Gabriel Valley, Project Return members have joined with family members from the Alliance for the Mentally Ill, mental health professionals and community volunteers to form a recreation coalition. "We have a great time," Hamilton says. "We all look forward to the next dance or barbeque."

More than 250 members and volunteers attended the Recreation Coalition's last barbeque. "At our barbeques, everyone pitches in to help," says Hamilton. "There's something about preparing a meal together that strengthens our understanding and acceptance of each other."

Project Return clubs are based on a self-help model, but they are not exclusively self-help. The clubs are run by members who have been elected as club officers with the help of a trained facilitator who acts as the club's ad-

viser. "The facilitators are the clubs' links to the community," Siegel says. "They help members develop socialization skills and to learn how to better use resources in the community."

The goal of Project Return is to help everyone reach their maximum potential and to discover new ways to use their talents and abilities. "Project Return Clubs have helped fill a void in my life. After my second marriage failed and I lost custody of my four daughters, I received very little emotional support from my family and friends," says Sandy Craddick, Project Return News Editor. "With the help of Project Return members and staff I have turned my life around and I am doing secretarial work part-time."

Project Return offers members room to grow. As club officers develop leadership skills, they often become co-facilitators of their clubs or officers in the Project Return Federation, a countywide group made up of representatives from each club.

Mark Karmatz, president of the Project Return Federation, sees Project Return's members' as community educators. "What Project Return does is show the community in general that we are just as human as everyone else is. Project Return is part of a movement that educates the public to the idea that someone who has been through the mental health system has rights just as anyone else does. One thing I find is that there is a beauty amongst people who have been through the system. We need to think of ourselves as the beautiful people we are. It is possible that through Project Return we can show that we are part of the norm."

Project Return operates in each of Los Angeles County's five regional districts. There are more than 50 clubs countywide. Because each club is a composite of its members, no two clubs are exactly alike.

"I am continually amazed by the creative approach club members think up to help each other," says Vergie Robinson, Coordinator for the Central and Southeast Regions. "One male member was about to become a father and the other club members used their own money to buy gifts for him. When one member is in need, the others come through for him. Project

Return has taught all of us to give and share with other."

In every region, Project Return members have shown a resourcefulness for raising their own activity funds. Each club thinks up its own money making strategies. "We have bake sales, burrito sales, car washes." Judy Cooperberg, the San Fernando Valley Regional Coordinator, says. "We're always thinking up new ways to earn money so we can be more active."

The money earned by each club is used for fieldtrips, movies, concerts, camping trips or dining out at local restaurants. "Most of the members are on fixed incomes," Cooperberg says. "They can't afford to do things that cost money. Earning their own funds for an activity gives members a sense of pride and accomplishment. It's part of what makes Project Return such a confidence builder."

Project Return is open to all long-term mentally ill individuals and to all community volunteers. (For a directory of Project Return clubs, see pgs. 6 & 7. Contact the Mental Health Association in Los Angeles County at 213-629-1527 for more information.


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# CALENDAR

## October 1, 8, 15, 22, 29

**Westminster Center for Personal Development:** "Group on Overspending Addictions", an ongoing support group for overspenders, will meet from 7:30 - 9:30 p.m. at the Westminster Center, 867 E. Atchison St., Pasadena. The fee is \$50 per month for individuals and \$90 per month for couples.

Call (818) 798-0915 for more information.

## October 1, 8, 15, 22, 29

**Hubert Humphrey Community Mental Health Center, Group on Dynamic Group Psychology, 1:00 - 2:30 p.m. Hubert Humphrey CMHC, Room 2247, 5850 S. Main St., Los Angeles.**

Call (213) 603-4873 for information.

## October 1 - December 10

**UCLA Extension School** offers "Alcohol/Drug Abuse Studies" and "Alcohol/Drug Counseling" Tuesdays, October 1 through December 10, at **The UCLA Center for Health Sciences, Westwood.** The fee is \$160.

For more information, call (213) 825-6701.

## October 1, 8, 15, 22, 29

**Southern California Psychoanalytic Institute Extension Division:** A class entitled "Psychoanalytic Perspectives on Being a Parent: The Challenges and the Opportunities" will be offered from 7:30 to 10:00 p.m. at **Beverly Hills High School, 241 S. Moreno Dr., Beverly Hills.** Pediatricians and physicians will be the facilitators for this class. They will address topics that are relevant to parenting.

## October 2, 9, 16, 23, 30

**Westside Community for Independent Living** offers a Men's Support Group for Men with Physical Disabilities, 4 to 5:30 p.m., 12901 Venice Blvd., Los Angeles.

For information call (213) 390-3611.

## October 2, 9, 16, 23, 30

**Forte Foundation:** "Batterer's Anonymous," A group for men who batter women, will meet at 7:30 p.m. at the **Forte Foundation, 17277 Ventura Blvd., Suite 201, Encino.**

For information call (818) 788-6800.

## October 3, 10, 17, 24, 31

**Forte Foundation:** A Support Group for Children of Divorce will be offered at 7 p.m. at the **Forte Foundation, 7543 Woodley Ave., Van Nuys.** Sliding scale fee.

For information call (818) 788-6800.

## October 5, 19, 26, November 2

**Teen Talk:** This talk show will air at 6 a.m. and 8 a.m. on KHJ-TV, Channel 9. The topics for October will be: "Parapsychology" and "Money and Gambling" on October 5, "Acne" and "Child Abuse" on October 19, "Living with Nuclear War" and "On Self Esteem" on October 26 with Drs. Leo Buscaglia and Nathaniel Branden. This program will air again November 2.

## October 7, 14, 21, 28

**Forte Foundation:** A Support Group for men and women for all ages will be offered from 7:00 to 9:00 p.m., **The Forte Foundation, 7543 Woodley Ave., Van Nuys.** Sliding scale fee.

For information call (818) 788-6800.

## October 11

**Southern California Psychoanalytic Institute:** A conference entitled "Severe & Unresponsive Depression: The Role of Electroconvulsive Therapy" will be held at noon at **Del Amo Hospital, 23700 Camino Del Sol, Torrance.**

For information call (213) 530-1151.

## October 12

**Portals House Social on Saturdays Dance:** This monthly get together will be held from 6 to 9 p.m. at the **Wilshire Christian Church, 634 S. Normandie, Los Angeles.** The socials are open to all board and care residents and community mental health clients.

For information call (213) 386-5393.

## Families Meetings

Alliance for the Mentally Ill (AMI) Chapters for families of mentally ill persons will meet as follows:

**AMI Glendale** will meet October 1 at 7:00 p.m. at **Verdugo Mental Health Center, 417 Arden Ave., Glendale.**

Call (213) 257-6041 for information.

**AMI Pomona** will meet October 1 at 7:30 p.m. at **Claremont Presbyterian Church, 1111 N. Mountain Avenue, Claremont.**

For information call (714) 624-2549.

**AMI Long Beach** will meet October 2 at 7:30 p.m. at **First Church of the Brethren, 3332 N. Magnolia Ave., Long Beach.**

For information call (213) 430-4298.

**AMI Van Nuys** will meet October 2 and 16 at 8:00 p.m. at **San Fernando Valley Community Mental Health Center, 6740 Kester Ave., Van Nuys.**

For information call (818) 988-8050.

**AMI Norwalk** will meet October 8 at 7:30 p.m. at **Rio Hondo Mental Health Center, 17707 Studebaker Road, Cerritos.**

For information call (213) 728-3222.

**AMI Beach Cities** will meet October 9 at 10:00 a.m. at the **Medical Emergency Building, 19000 Hawthorne Blvd., No. 302, Torrance.**

For information call (213) 376-6120.

**AMI Southeast** will meet October 9 and 23 at 5:30 p.m. at **Augustus Hawkins Mental Health Center, 1720 E. 120th St., No. 1169, Los Angeles.**

For information call (213) 321-3799.

**AMI Los Angeles** will meet October 10 at 7:30 p.m. at **Thalians Community Mental Health Center, 8730 Alden Drive, Los Angeles.**

For information call (213) 391-2823.

For information call (213) 391-2823.

**AMI San Gabriel Valley** will meet October 11 at 7:30 p.m. at **San Marino Community Church, 1750 Virginia Road, San Marino.**

For information call (818) 441-0208.

**AMI Inglewood** will meet October 16 at 7:00 p.m. at **1st Nationwide Savings, 425 S. La Brea Ave., Inglewood.**

For information call (213) 412-2291.

**AMI Westside & Coastal Friends** will meet October 17 at 7:30 p.m. at **Project Return Center, 1328 Second Street, Santa Monica.**

For information call (213) 395-8886.

**AMI South Bay** will meet October 21 at 7:30 p.m. at **First Christian Church, 2930 El Dorado Street, Torrance.**

For information call (213) 519-8525.

**AMI Southwest** will meet October 22 at 6:30 p.m. at **Crenshaw Family YMCA, 3820 Rosalia Drive, 2nd Floor, Los Angeles.**

For information call (213) 299-3680.

**AMI East San Gabriel Valley** will meet October 24 at 7:30 p.m. at **First United Methodist Church, Corner Glendora Ave. & Hill St., La Puente.**

For information call (818) 337-7439.

## October 13

**Southeast Region, Los Angeles County Department of Mental Health:** "A Healthy Mind: For You and Your Family" radio call-in talk show hosted by Julius I. Fuller, MSW, will air at 9 p.m. on KACE, 103.9 FM. The topic for this month will be the Head Start Program and Services to Families, with guest speakers Phillipa Johnson, Program Coordinator, and Frankie Taylor, Social Services Coordinator, Charles Drew Head Start.

For information call (213) 603-4885.

## October 16

**Los Angeles County Community Support Systems Core meeting** will be held from 9:30 to 11:30 a.m. at **The Mental Health Association in Los Angeles County, 930 Georgia Street, Los Angeles.**

For information call (213) 738-4841.

## October 17, 18, 19, 20

**UCLA Department of Continuing Education in Health Sciences** offers a "Clinical Biofeedback Certificate Program." This course is for physicians, psychologists, physical therapists, biofeedback therapists, nurses, and those members of the allied health and mental health professions who desire to further their understanding of clinical biofeedback as either a primary or

adjunctive therapy. **UCLA Campus, A-660 Factor Auditorium.**

## October 19

**Alcoholism Center for Women** is holding a one day seminar on "Women, Alcohol, and Violence: Some Clinical Considerations", at the **Open Quest Facility, 1305 S. Alvarado St., Los Angeles.** Cost is \$35.00, Students \$15.00.

For information call (213) 381-7805.

## October 19

**UCLA Extension** is offering a symposium on "The Adolescent in a Contemporary World," 9 a.m. to 5 p.m. Topics will include an analysis of autism, childhood suicide, the battered child syndrome and premature sexuality. **The Music Academy of the West, 1070 Fairway Lane, Montecito.** The fee is \$75.

For information call (213) 825-4191.

## October 19

**The Center for the Study of Young People in Groups at Cedars-Sinai Medical Center** presents: A Training Program in Adolescent Group Psychotherapy for Mental Health Professionals. Continuing Education Credit Given. Fee: \$250.00.

For information call (213) 855-3571/3401.

## October 19, 20

**"Passionate Attachments: The Essential but Fragile Nature of Love."** This program brings together eminent experts to discuss romantic love and other passionate attachments. \$175 12 CE hours. **Century Plaza Hotel, Los Angeles.**

For information call (800) 621-0849, ext. 364 or (213) 475-8300.

## October 23, November 6, 20, December 4

**Southern California Psychoanalytic Institute Extension Division:** Psychodynamics of Immigration, 7:30 to 9:30 p.m. at the **Southern California Psychoanalytic Institute, 9024 Olympic Blvd., Beverly Hills.** Fee: \$60.00.

## October 23, 24, 25, 26, 27

**Southern California Neuropsychiatric Institute** presents a seminar on "Sexual Abuse: An Interdisciplinary Exploration." 22 CME Credits, CAT. I. **The Ritz Carlton, Laguna Niguel.**

For information call (619) 454-2102.

## October 24

**Mental Health Advisory Board meeting,** noon, **Hall of Administration, Room 739, 500 W. Temple St., Los Angeles.**

For information call (213) 738-4772.

## October 26, 27

**California Society for Clinical Social Work 16th Annual Conference** "New Developments in Treatment and Practice: Clinical, Political and Economic," **Sheraton Universal, Universal City.**

For information call (916) 441-1155.

## RCLC

The Regional Community Liaison Committee (RCLC's), the citizens' group presenting mental health concerns to the Los Angeles County Department of Mental Health regions, will meet as follows:

**Southeast Region RCLC** will meet October 3 at 1:30 p.m.

For information on meeting place, call (213) 603-4884.

**San Gabriel Valley RCLC** will meet October 8 at 6:00 p.m.

For information on meeting place, call (818) 960-6411.

**San Fernando/Antelope Valley RCLC** will meet October 11 at 10:00 a.m. at the **Regional Office, 5077 Lankershim Blvd., Suite 400, North Hollywood.**

Call (818) 508-7800 for information.

**Central Region RCLC** will meet October 16 at 7:30 p.m. at **LAC/USC Medical Center Psychiatric Hospital, Room 2C18, 1934 Hospital Place, Los Angeles.**

Call (213) 255-5726 for information.

**Coastal Region RCLC** will meet October 24 at 6:45 p.m. at **Harbor-UCLA Medical Center, Conference Room eight-east, 1000 W. Carson St., Torrance.**

Call (213) 533-3154 for information.

## October 29

**Department of Mental Health** offers a seminar in "Clinical Supervision, 9:30 a.m. to 12:30 p.m., 2415 W. 6th St., Los Angeles, Rooms A & B.

For information call (213) 738-4995.

## October 30

**Anorexia Nervosa and Associated Disorders** offers a self-help group for persons with eating disorders. 8 p.m., 18345 **Ventura Blvd., suite 414, Tarzana.**

For information call (818) 343-9105.

## Important Deadline

Mentally impaired persons whose **Social Security** benefits were reviewed and denied between March 1981 and October 1984 are entitled to have their cases re-opened and re-evaluated under new rules ordered by Congress in 1984.

The deadline for requesting a review of denied benefits is **October 30, 1985.** While the appeals are being re-evaluated, applicants are entitled to have their benefits restored. Anyone eligible for this review should contact the **Social Security Administration** at (213) 381-6361 as soon as possible.

Individuals who do not take advantage of this re-evaluation process will need to re-file for **Social Security** benefits as a new case.

## Announcements

**Free Educational Testing for 6 year old boys:** The National Center for Hyperactive Children (NCHC) is conducting a research program about the development of normal and hyperactive boys in terms of academic ability, intellectual potential and eye-hand coordination. Boys who are accepted for this study will be tested yearly for three years, and their parents will be given the test results and advice about their son's education.

For further information call (818) 986-0514.

A California Self-Help Center has been opened at UCLA. By calling (800) 222-LINK, Californians can quickly be connected with a support group in their area that deals with their specific needs. The Center is one of only five statewide self-help referral networks in the nation. It is the only self-help center with a research service that studies the actual helping process within support groups. Training materials are developed to help individuals start and manage self-help groups.

The UCLA Medical Center needs fathers and their 8-12 year old sons for a study of the biological factors that influence alcoholism. Fathers with at least two years sobriety and in good physical health may apply. Each father and son will receive \$100 for 8 to 12 hours of participation. For further information, call Laurie Running at (213) 206-6657.

**Charter Oak Hospital Crisisline** is seeking qualified people to staff a 24 hour Crisis Intervention phone service. Volunteers should be students studying Behavioral Sciences, those with previous mental health experience or mature individuals with relevant life experience.

For information contact Patrick Vega at (818) 966-1632, ext. 160.

## CONNECTIONS

Staff: **Debbie Stern, Ann Stone, Mary Hawkins**

Published by the **Mental Health Association in Los Angeles County.**

The Mental Health Association in Los Angeles County is a non-profit, voluntary organization dedicated to the promotion of mental health, prevention of mental illness and the improved care and treatment of mentally ill persons. (213) 629-1527

Executive Director: **Richard Van Horn**

Copy for *Connections* should reach the newsletter by the 10th of the month prior to publication.

Postmaster: Send address changes to: 930 Georgia St., Los Angeles, CA 90015

# Project Return Clubs Around the Country

## SAN FERNANDO VALLEY REGION

For additional information contact: Judy Cooperberg, Program Coordinator, East Valley MHC - 12148 Victory Blvd., Ste. 300 North Hollywood, CA 91606  
(818) 509-1800

### THE ARMADILLOS CLUB

Meet at: San Fernando MHS  
11479 S. Fernando Rd.  
San Fernando, CA 91340  
Tuesday, 12 PM

### ENLIGHTENMENT

Meet at: Crisis Management Center  
8101 Sepulveda Blvd.  
Van Nuys, CA 91402  
Thursday, 2:30 PM

### THE GLEAMERS

Meet at: West San Fernando MHS  
9045 Canoga Ave.  
Canoga Park, CA 91304  
Wednesday, 11:00 AM

### LIFE SKILLS ALUMNI (VETS)

Meet at: Sepulveda VA  
16111 Plummer Street  
(Bldg. 4, 2nd Floor)  
Sepulveda, CA 91343  
Tuesday, 4:30 PM

### PATH FINDERS

Meet at: Old Orchard Park  
(Recreation Building)  
25023 Avenida Rotella  
Valencia, CA 91321  
Thursday, 1:30 PM

### REACH CLUB

Meet at: Community Living Resource Center  
6740 Kester Ave.  
Van Nuys, CA 91405  
Monday, 6:00 PM

### THE SEARCHERS

Meet at: Verdugo Mental Health Center  
417 Arden Avenue  
Glendale, CA 91203  
2nd and 4th Wednesday  
1:30 PM

### SEEKERS

Meet at: The Sizzler  
14550 Nordhoff Street  
Panorama City, CA 91402  
Tuesday, 3:00 PM

### THE SKY'S THE LIMIT

Meet at: First Baptist Church of Arleta  
14055 Van Nuys Blvd.  
Arleta, CA  
Friday, 2:00 PM

## SAN GABRIEL VALLEY REGION

For additional information contact: Debbie Hamilton, Program Coordinator  
1750 Virginia Road, San Marino, CA 91108, (818) 576-0784

### ALPHA CLUB

Meet at: Tri City Mental Health  
1149 N. Garey Ave  
Pomona, CA  
Every other Thursday  
1:00 PM

### AMBASSADORS CLUB

Meet at: Olive Vista  
3250 Culver Court  
Pomona, CA 91769  
Thursday, 4:00 PM

### CHIT CHAT

Meet at: American Guest Home  
1880 North Fair Oaks Ave.  
Pasadena, CA 91103  
Monday, 10:30 AM

### EL MONTE RAMS

Meet at: Bridges El Monte  
11931 Elliott  
El Monte, CA 91732  
Thursday, 7:00 PM

### FREE BIRDS CLUB

Meet at: Laurel Park MH  
1425 Laurel  
Pomona, CA 91766  
Thursday, 1:00 PM

### I CAN CLUB

Meet at: I Can  
525 N. Lake Ave.  
Pasadena, CA 91101  
Monday, 1:00 PM

### JOYOUS INN KEEPERS

Meet at: Joy Inn  
1787 N. Fair Oaks  
Pasadena, CA 91103  
Every other Tuesday 4:00 PM

### LA PUENTE CLUB

Meet at: La Puente MHC  
160 7th Street  
La Puente, CA 91744  
1st & 3rd Tuesday 4:00 PM

### WHITTIER FRIENDS

Meet at: Villa Mallard  
10916 S. Stamy Road  
Whittier, CA 90601  
Friday, 1:30 PM

### WORC INC STUDENTS

Meet at: El Monte Methodist Church  
3903 N. Tyler Ave.  
El Monte, CA 91731  
Friday (Call for date and time)  
Bi-Monthly

### RESOURCE CLUB

Meet at: Acute Residential Center  
Cogswell  
El Monte, CA  
Pending  
Time is arranged bi-monthly

### PASADENA GUEST

Meet at: Pasadena Guest  
1025 N. Los Robles  
Pasadena, CA 91104  
Once a month, Pending

## SOUTHEAST REGION

For additional information contact: Vergie Robinson, Program Coordinator  
Kedren Comm. MHC - 710 East 111th Place  
Los Angeles, CA 90059 - (213) 418-7445

### BELL GARDENS OBSERVERS

Meet at: San Antonio MHC  
6450 Garfield Ave.  
Bell Gardens, CA 90201  
2nd and 4th Wednesday  
1:00 PM

### COMPTON RAINBOWS

Meet at: Compton Mental Health Center  
1600 E. Compton Blvd.  
Compton, CA 90221  
Thursday, 2:00 PM

### NEW GOALS CLUB/ALLSTARS

Meet at: Rake Straw Comm. Center  
5139 S. Main Street  
Los Angeles, CA 90037  
Tuesday, 1:30 PM

### SOUTH GATE BOOSTERS

Meet at: South Gate Park  
4900 Southern Ave.  
Auditorium Bldg., Rm. 2  
South Gate, CA 90280  
Wednesday, 1:00 PM

### NEW CLUB

Meet at: Lakewood Park Health Center  
12023 Lakewood Blvd.  
Downey, CA 90242  
Pending

# Project Return Clubs Around the Country

## SOUTH COASTAL REGION

For additional information contact: Joannie Baracz, Program Coordinator, 1401 Chestnut, #D305, Long Beach, CA 90813  
(213) 591-7530

### FRIENDSHIP CLUB

Meet at: Shakey's Pizza Parlor  
3227 Anaheim  
Long Beach, CA 90802  
1st Friday, 12:30 PM

Meet at: Bixby Park Comm. Center  
130 Cherry Ave.  
Long Beach, CA 90802  
2,3,4th Friday, 12:30 PM

### HAPPY HARBOR CLUB

Meet at: Harborview House  
921 S. Beacon Street  
San Pedro, CA 90731  
2nd and 4th Wednesday  
1:30 PM

### LAKWOOD FLYERS

Meet at: Palms Park Comm. Center  
12305 East 207th  
Lakewood, CA 90715  
Monday, 10:00 AM

### LOS AMIGOS CLUB

Meet at: OMHSS  
3939 Atlantic Ave.  
Long Beach, CA 90807  
Thursday, 1:30 PM

### MOONLIGHTERS

Meet at: Saint Lukes Church  
7th and Atlantic Ave.  
Long Beach, CA  
Monday, 6:00 PM

### SUNDOWNERS CLUB

Meet at: Coastal Community MH Center  
747 East 223rd Street  
Carson, CA 90745  
Wednesday, 3:30 PM

### WHALEY WINNERS

Meet at: Whaley Park  
5620 E. Atherton Street  
Long Beach, CA 90815  
Thursday, 10:00 AM

## NORTH COASTAL REGION

For additional information contact: Ron Bara, Outreach Coordinator, Project Return Center, 1328 Second St., Santa Monica, CA 90401  
(213) 395-8886

### BEVERLYWOOD I CLUB

Meet at: Robertson Recreational Center  
1641 Preuss  
Los Angeles, CA 90035  
Thursday, 6:30 PM

### EQUALIZERS

Meet at: Project Return Center  
1328 2nd Street  
Santa Monica, CA 90401  
Thursday, 5:30 PM

### GOLDEN GATE CLUB

Meet at: Golden Gate Lodge  
8831 Venice Blvd.  
Los Angeles, CA 90034  
Tuesday, 1:30 PM

### NEW CLUB

Meet at: Devonshire  
908 4th Street  
Santa Monica, CA 90403  
Friday, 6:15 PM

### NEW OUTLOOK

Meet at: Oceanview  
1044 3rd Street  
Santa Monica, CA 90403  
Wednesday, 10:00 AM

### NEW CLUB

#### Transitional Group A

Meet at: Meadowbrook  
3951 East Blvd.  
Los Angeles, CA 90066  
Monday, 2:00 PM

### THE MANORITES

Meet at: The Manor  
1905 Pico Blvd.  
Santa Monica, CA 90405  
Thursday, 7:30 PM

### SANTA MONICA FRIENDS

Meet at: Shakeys Pizza Parlor  
3031 Santa Monica Bl.  
Santa Monica, CA 90404  
1st Monday, 6:30 PM

Meet at: Santa Monica Library  
1343 6th Street  
Santa Monica, CA 90401  
2nd Monday, 6:30 PM

Meet at: Project Return Center  
1328 Second Street  
Santa Monica, CA 90401  
3rd & 4th Tuesday, 6:30 PM

## CENTRAL

For additional information contact: Vergie Robinson, Program Coordinator  
Kedren Comm. MHC - 710 East 111th Place, Los Angeles, CA 90059  
(213) 418-7445

### BLUE DIAMOND

Meet at: Los Angeles County Asian  
Pacific Counseling  
3407 West 6th Street, Ste. 510  
Los Angeles, CA 90020  
Wednesday, 4:00 PM

### THE CONQUERORS

Meet at: West View Retirement Center  
4836 W. Washington Blvd.  
Los Angeles, CA 90016  
1st & 3rd Friday, 1:30 PM

### CONTINENTAL CLUB

Meet at: Maryville Board & Care  
911 N. Mariposa Street  
Los Angeles, CA 90029  
Monday, 6:30 PM

### DE LA BUENA AMISTAD

Meet at: Salazar Park  
(Recreation Room)  
3864 Whittier Blvd.  
Los Angeles, CA 90063  
Friday, 1:00 PM

### THE TROJANS

Meet at: Hoover House  
971 South Hoover  
Los Angeles, CA 90006  
Tuesday, 2:30 PM

### PARK AVENUE GOURMET CLUB

Meet at: 1930 S. Oxford Ave.  
Los Angeles, CA 90018  
Friday, 10:00 AM

### PHOENIX COMMITTEE

Meet at: Hollywood Mental Health Services  
4759 Hollywood Blvd.  
Los Angeles, CA 90027  
Wednesday, 5:30 PM

### POCOS ESPECIALES/SPECIAL FEW

Meet at: The Center for Independent Living  
501 N. Soto  
Los Angeles, CA 90063  
1st and 3rd Wednesday  
7:00 PM

### THE WANDERERS

Meet at: Crenshaw Family YMCA  
3820 Santa Rosalia Drive  
Los Angeles, CA 90008  
Monday, 1:00 PM

### NEW CLUB

Meet at: Skid Row Mental Health  
515 East Sixth Street  
Los Angeles, CA 90021  
Pending

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# PROJECT RETURN



## SIXTH ANNUAL PROJECT RETURN AWARDS LUNCHEON



**The Mental Health Association in Los Angeles County**  
cordially invites you to attend the  
**SIXTH ANNUAL PROJECT RETURN AWARDS LUNCHEON**

**THURSDAY, NOVEMBER 7, 1985**

**NOON - 3 P.M.**

**THE MIRAMAR - SHERATON HOTEL**

**101 WILSHIRE BOULEVARD, SANTA MONICA**

Project Return is a federation of self help clubs organized throughout Los Angeles County. This luncheon brings together Project Return members, volunteers, relatives, professionals and supporters to celebrate the concept of Project Return. We will honor many of the Project Return members for the progress they have made in their own lives and for their contributions to Project Return. Join us in this celebration.

**DONATION \$25.00\***

\*Your donation makes it possible for a Project Return member to attend for a reduced fee.

**PLEASE RESPOND BY NOVEMBER 2**

For Additional Information Call 629-1527

**FREE PARKING IS AVAILABLE IN THE PUBLIC PARKING STRUCTURE TWO BLOCKS SOUTH ON SECOND STREET AND FOURTH STREET;  
ADDITIONAL PARKING FOR A FEE IS AVAILABLE ON SECOND STREET NEAR SANTA MONICA BLVD.**

**YOUR RESERVATION WILL BE HELD AT THE DOOR**

**MHA**

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A PUBLICATION OF MENTAL HEALTH

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